Community



Newsletter

Spring 2017

Chrysalis Manor - Getting a Much Deserved Makeover!





Carriage House Before



Kitchen Before



Kitchen After

Project Woman has provided apartments for survivors of domestic and sexual violence at 1316 E. High Street - known as Chrysalis-since the late 1980s. The property has a great deal of deferred maintenance, but it is getting some improvements!

C&N Contractors broke ground on December 5 to renovate the Manor and Carriage House. The City of Springfield had already begun replacing all of the windows in both buildings as part of the Lead Safe program. The property is on the Historical Registry, and Project Woman has worked carefully with the Landmark Commission to ensure the historical integrity of the property. C&N Contractors' was chosen for this project because of their reputation working with historical renovations.

The renovation will strengthen the foundation and "envelope" including new roofing, stucco replacement, brick tuck-pointing, some updates to electric and plumbing as well as living condition improvements including new flooring, cabinets, appliances, installing new water heaters and all new interior paint. One goal of the renovation project is to create a more community-focused environment; one that celebrates survivorship, is rooted in trauma-recovery, and establishes strong natural supports and neighbor relationships for the tenants living at Chrysalis. The upgraded apartments will

Carriage House After

be accentuated by the removal of an old abandoned building at the back of the property that used to be the business offices for Project Woman. The newly-made green space will be transformed into a butterfly garden and meditation park funded in part by the Clark, Madison, Greene County Mental Health Board Mini Grant program.

We seek to provide a nurturing space that meets best practices of Transitional Housing as published by the Office of Violence Against Women. Our vision is to support survivors through a transitional HOME experience that free of violence and connected to a community. Abuse disconnects its victims from their family, friends, and community. Chrysalis will support them to build new connections and to reconnect to themselves as they work through trauma-recovery.

There are many additional needs for the property beyond those that we are currently addressing with Ohio Housing Finance Authority and City of Springfield HOME funds that are funding the current renovation project. We hope to further the renovation efforts since this project is only just the beginning of needed work by launching a capital campaign. If you would like to

connect to our campaign or the renovation projects please visit projectwomanohio.org.



The Cost of Domestic Violence

Every minute, 20 people in the U.S. become victims of intimate partner violence. Every minute. The effects of domestic abuse run the gamut from bruises to homicide, and everything in between. While this epidemic costs many things—marriages, childhoods, lives—it also has very real, and very significant, monetary costs to communities as well.

They say everything has a price, and violence is no different.

And that price is at least \$5.8 billion. The cost can be broken down into 3 categories:

- 1. Health/Medical
- 2. Productivity/Employment
- 3. Social/Emotional

First: According to the Centers for Disease Control the approximate cost of medical and healthcare costs related to domestic violence every year is 4.1 billion dollars. The actual costs are higher since statistics suggest that less than one-fifth of survivors of domestic abuse actually seek medical treatment.

Second: Productivity losses at places of employment account for \$1.8 billion of the price of domestic violence.

Third. Domestic violence is the third leading cause of homelessness among families. Though it is difficult due to many varying factors it is estimated to cost at least 18.5 million dollars.

Many of us not directly affected by domestic violence can feel at a loss for how to help curb it. If survivors are suffering silently among us, how will we begin to step in? Robert Pearl, MD, recently told Forbes magazine how employers can play a pivotal role.

"Employed individuals spend the majority of their waking hours at work. That's why employers are ideally suited to spot the symptoms of domestic violence and intervene.

Senior executives can promote a culture that includes domestic violence awareness and prevention. Information about domestic violence should be shared at every employee orientation. It should be addressed at every occupational health visit."

Additionally, suggests Pearl, "Managers need to understand that domestic violence may explain absenteeism and ongoing health problems. They should be trained to recognize potential signs of domestic violence, including signs of depression and evidence of physical harm"

Some abusers may try to stop their partner from working by calling them frequently during the day or coming to their place of work unannounced. Research indicates that about 50 percent of battered women who are employed are harassed at work by their abusive partners. Source: U.S. Gen. Accounting Office, GAO/HEHS-99-12, Domestic Violence: Prevalence and Implications for Employment Among Welfare Recipients.

Over three-quarters of offenders used workplace resources at least once to express remorse or anger, check up on, pressure, or threaten the victim; 42% of offenders were late for work. Source: Kim C. Lim et al., Maine Department of Labor and Family Crisis Services, Impact of Domestic Violence Offenders on Occupational Safety & Health: A Pilot Study (2004).

Sixty-four percent (64%) of victims of domestic violence indicated that their ability to work was affected by the violence. Among key causes for their

decline in productivity, victims noted "distraction" (57%); "fear of discovery" (45%); "harassment by intimate partner at work (either by phone or in person)" (40%); fear of intimate partner's unexpected visits" (34%); "inability to complete assignments on time" (24%); and "job loss" (21%). Source: Corporate Alliance to End Partner Violence, 2005. It is difficult to determine the true cost of domestic violence. The data shared here relates directly to those who have reported victimization either to law enforcement, employers, or to medical professionals. It is important to remember that only 30% of all victimization is ever reported to a person of authority.

Certainly, at a time when we are considering federal deficits, efficiency of state and local funding, and building momentum toward social responsibility it requires us to take a closer look at the cost of domestic and intimate partner violence. In order to grasp just how much money we are talking about it becomes essential that we show the zeros...\$5,800,000,000.00.

The CDC states, "...Intimate Partner Violence is a serious, preventable public health problem that affects millions of Americans. How can you get involved in making a difference, creating change, and standing up to end violence? Project Woman has community advocacy and education programs that can help employers, organizations, and individuals. Visit projectwomanohio.org or call us at 937-328-5308 for more information.

If you would like to learn more you can go to the Centers for Disease Control at cdc.gov/violenceprevention/intimatepartnerviolence.

Supporting Men at Project Woman

"At Project Woman, we serve all members of our community, regardless of gender identity or sexual orientation. Every resource currently listed throughout this website is available to male victims and survivors.

2

We have a page on the Project Woman website dedicated to our efforts and services for men, that will continue to take shape as we learn more about the needs within our community.

If you would like to provide feedback which will help shape our efforts, please take our Men's Accessibility Survey, located here:

www.surveymonkey.com/r/7D8GNLM



Audrie & Daisy



By: Carl Burgason, Community Advocate, Coalition Facilitator, Vista Member

On November 21, Project Woman hosted a screening of the Netflix original documentary film, Audrie & Daisy at the Gloria theatre in Urbana, followed by a discussion facilitated by Project Woman advocates. The film is an American documentary film about three cases of rape that chronicles the story of several sexual assault cases in the age of social media and discusses the fallout that

comes both online and in person by people victims often believe are their "friends."

Audrie & Daisy was presented in cooperation with Film Sprout, an organization whose mission is "to help social-issue filmmakers create robust community and campus screening initiatives for their documentaries." Film Sprout approached Project Woman about organizing a screening, as they believed the film fit with Project Woman's mission of ending domestic violence and sexual assault by protecting, educating, and empowering.

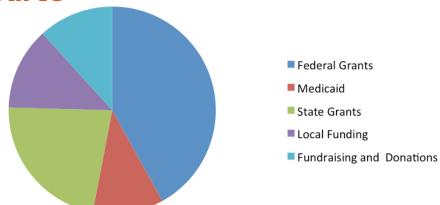
The event brought an audience of community members, Project Woman staff, and survivors. Everyone appreciated the message illustrated by the documentary. At the post-screening talkback, most agreed that what resonated was the way sexual violence impacts the whole community and how so much of the blame falls back on the

victim. In the film, the survivors receive significant backlash and judgment for being assaulted, which struck a chord with many of the audience members. One observation included concern that despite efforts toward community education and building awareness around sexual assault, there is still so much to do!

Project Woman is very grateful to the Gloria Theatre in Urbana, the GrandWorks **Foundation** who operates the theatre, and FilmSprout for approaching us with this incredible film. The screening was an excellent way to share real-life stories about sexual violence with members of the community. If you missed our screening, but would like to see the film, Audrie and Daisy is available to stream on Netflix with a valid subscription. Caution should be given when watching the documentary as some of its themes and discussion may be difficult to view. Follow this link to watch the film's trailer: www.youtube.com/watch?v=29Dr4ChJUBc

Annual Funding by Source

FY 16 Project Woman	
Federal Grants	\$470,911.00
Medicaid	\$124,020.00
State Grants	\$251,540.00
Local Funding	\$143,958.00
Fundraising & Donations	\$131,837.00
Other Income	\$40,479.00
Total Funding by Source	\$1,162,745.00



Project Woman experienced a period of growth during FY16 that is reflective of increased demand for services for shelter, advocacy and behavioral health programming. We celebrate those who have joined us to protect, educate, and empower survivors of domestic, intimate partner, and sexual violence through their generous donations and volunteer support!

Join Us at PAVE and Stand Up



The PAVE Coalition was developed to foster community education and social change by urging Springfield citizens to recognize the importance of peaceful relationships and values. The PAVE pledge is a vow to embrace those elements of peace in their daily lives and carry them into the future. Join the 111 people who have taken the PAVE Pledge against violence. Like PAVE on Facebook at www.facebook.com/partnersagainstviolenceeveryday/ or visit the PAVE page on our website projectwomanohio.org/pave/.

Project Woman is Proud to Annouce The Grand Opening of the Baile House

Emergency Shelter located in Champaign County

On October 26th 2016 at Freedom Grove – S. 68 in Urbana, Ohio, Project Woman was excited to announce that they are expanding their services in Champaign County for victims of domestic violence and/or sexual assault.

Laura Baxter was pleased to announce on that morning to law enforcement, community action members, and many more the opening of the Baile (BAL-yeh), which means, "This is my home," and we want it to represent a safe, confidential and welcoming home for those who come through its doors.

Project Woman is proud to say that they have been working in Champaign county doing Advocacy & Victim Assistance Services for anyone in need, and to be able to expand the services to help more victims going through domestic violence; is a true honor to our agency.

Project woman looks forward to working with the law enforcement, and many other social services agencies in Champaign County, to help protect, educate and empower those affected by domestic violence and/or sexual assault.

MADE POSSIBLE BY YOU: Best. Day. Ever.

Ridgewood School Student finds meaning when she volunteers with Project Woman

When Dakotah Pollard-Kern, age 13, signed up to volunteer at Project Woman's Shelter House on February 17, she didn't know what to expect. She and her friends Khushi, A'Dymond, and Izzy, all members of Ridgewood School's Student Council, wanted to give their time as a part of Ridgewood's Day of Service because they were interested in the mission of Project Woman.

There was an uncomfortable quietness in the backseat on the drive to the Shelter House. "When we arrived, I was kind of scared," said Dakotah. "I thought that the women would look different. Sad. Broken. Mistreated." Instead she saw women filled with hope.

After serving a meal to the women and their children housed at the shelter,

everyone sat down at the kitchen table to write and share poetry. It was decided that they would write about their best day ever. "I was surprised that these women could find so much to write about. They exemplified such strength and optimism, in the face of the challenges in their lives. And they were so loving and appreciative of the meal we served. It made me feel like I was really a part of everything and everybody – Not like an outsider at all."

When it was time to leave, Dakotah offered a hug to each of the women at the shelter. She tumbled into the car with her friends, and turned with a smile. "I think I know what I want to do when I grow up," she beamed.

After all, today is the best day ever.

Crystal's Poem

Today is better than the rest Being out of my elements relieves The pain in my chest Through this life I've been through So much pain But I always thank God for Sheltering me from the rain I faced death once or twice For a long time I just convinced myself That was life Some days I am faced with Flashbacks from my past But I knew those days wouldn't I woke up today To put forth my best That's why I say **Today** Is better than the rest.

Project Woman News & Upcoming Events

SAVE THE DATE!



- Registration: \$25 / Day of Race: \$30
- \$20 With Valid College ID/Email Address
- Register before Friday, April 14th to receive a T-shirt.
- Free registration to participants ages 12 and under (T-shirt not included)
- -The event will be connected to the university initiative, "It's on US" with students from Wittenberg University, Clark State Community College, Central State University, and Urbana University.

Thank You Sponsors and Supporters!









